



Women's Resource Center

Serving Victims of Family Violence and Sexual Assault



CLIENT SERVICES



The Women's Resource Center is dedicated to serving the needs of individuals and families who may be threatened or victimized by domestic violence and sexual assault. We have **24-hour crisis intervention**, referrals, advocacy and accompaniment as well as emergency shelter placement based on ability, for victims of domestic violence and sexual assault.

Individual and Group Counseling Services

Individual and group counseling is offered at various times Monday through Saturday. For more information call between the hours of 9:00 a.m. and 5:00 p.m. Monday-Friday. Ask to speak with a caseworker.

Individual Counseling: For individuals, families or children who are currently in, or have been in, or have witnessed a domestic violence relationship. Also for individuals who have been a victim of sexual assault or molested as a child, and their significant others. Individual counseling is offered in both English and Spanish.

Women in Transition: This is an on-going support group for women, focusing on the cycle of domestic violence, letting go of anger, self-love, self-esteem, setting boundaries and maintaining independence.

Parenting Class: Focuses on basic child development skills as well as parenting high-risk children. Topics are communication, self-esteem, skills to assist parents with issues of domestic violence, abuse, substance abuse, death, loss, sexuality and other sensitive issues. Court ordered O.K.

Adults Molested as Children Support Group: Focuses on prior molestation issues and how these currently impact relationships and coping skills, in addition to the issues of lack of trust, feelings of powerlessness, boundaries and self-esteem.

Sexual Assault Support Group: Provides a safe place for women to discuss their emotions and feelings, learn coping skills and process issues relating to a rape or sexual assault.

Children's Group: For children who have experienced domestic violence. Individual counseling for children also available.

Family Violence Intervention Program (FVIP): An intensive 52-week program for men and women who have difficulty controlling their anger toward their spouse, significant other, and/or children. These groups are offered in both English and Spanish.

Additional Services

Crisis Intervention and Referrals: Caseworkers will see walk-in clients free of charge to provide referrals, emergency assistance, screening for shelter, as well as counseling. **After hours, weekends and holidays, these services are provided by our 24-hour Hotline.**

Transitional Housing: This program serves as a bridge from shelter refugee to self-sufficiency. The program is designed for a 12-24 month residency. Residents are in job training or employed and receiving counseling and other supportive services.

30-day emergency shelter: For victims of domestic violence and sexual assault, based on availability.

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1963 Apple Street
Oceanside, California 92054
(760)757-3500
(760)757-0680 Fax
Email: wrcemail@aol.com

